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Client Bill of Rights

Kathy Haworth Phelps is a Certified Professional Hypnotist with the International Certification Board of Clinical Hypnotherapists (ICBCH). Certification and annual re-certification are administered by the ICBCH.

THE STATE OF VIRGINIA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY.

Under Virginia Law, a hypnotist may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnosis services at any time. A client has a right to be free of physical, verbal, or sexual abuse. A client may assert any right without retaliation.

Fees and Billing: Programs are offered at Taking Notice Now in a format designed to help build new pathways in your habits, behaviors, and feelings. Clients must give 48 hours notice for rescheduling appointments or canceling appointments; if 48 hours notice is not given, they will forfeit the appointment or pay a \$75.00 rescheduling fee. Clients have the right to reasonable notice of changes in services or charges. You have the right to freely seek services elsewhere at any time. We can also make specific referrals if requested. You have the right to coordinate transfer of services in the case of a change of service provider. You always have the right to refuse services or treatment unless otherwise provided by law.

Insurance: We do not bill insurance companies for services; however, some insurance companies may reimburse you for services. Check with your insurance company or policy for additional details. We suggest you think of our services as something that you will pay for personally. That will both protect your privacy, and help you value the work you are doing more.

Theoretical Approach: The practitioners at Taking Notice Now utilize hypnotic techniques and instruction to help clients make changes both consciously and subconsciously. Techniques include, but are not limited to hypnosis, self-hypnosis instruction, relaxation training, visualization, energy techniques, instructional handouts, audio supplements, and videos.

Assessment and Duration of Treatment: Hypnosis is a brief intervention process. It is difficult to predict the number of sessions you will require to resolve your issue, though an ethical assessment is done in the initial call and a plan is set from there.

Your Process Is Confidential: Client records and transactions with the practitioner are confidential and may only be viewed by Taking Notice Now staff, unless release of these records is authorized in writing by the client, or otherwise provided by law.

Client Name (Please Print)

Client Signature